

# WINTER 2023 SWIMMING LESSONS

(8 Week Session)

|   |   | SATURDAY   | SUNDAY   | MONDAY        | TUESDAY  | WEDNESDAY                  | THURSDAY                             |
|---|---|--|--|---------------|--|----------------------------|--------------------------------------|
| DATES   |   | Sept 9–Nov 4   | Sept 10–Oct 29   | Sept 11–Nov 6 | Sept 12–Oct 31   | Sept 13–Nov 1              | Sept 14–Nov 2                        |
| <b>Private</b><br>30 min<br><br>\$275 per private<br>\$200/semi private |   | 9:00am<br>10:10am<br>10:25am<br>11:45am<br>11:55am<br>12:30pm<br>12:55pm<br>1:30pm<br>1:30pm | 9:35am<br>10:00am<br>10:35am<br>10:45am<br>11:45am<br>12:05pm<br>12:50pm<br>1:15pm<br>1:30pm | 7:25pm        | 5:30pm<br>6:20pm<br>6:55pm<br>7:05pm<br>7:20pm<br>7:30pm | 5:35pm<br>7:15pm<br>7:30pm | 4:55pm<br>6:55pm<br>7:30pm<br>7:30pm |
| <b>Parents and tots</b><br>30 min<br>\$90                               | 1 | 9:00am<br>11:30am  |  |               |  | 6:10pm                     |                                      |
|   | 2 | 9:35am<br>10:10am  | 9:40am   |               | 6:45pm   |                            |                                      |
|   | 3 | 11:20am<br>1:20pm  | 10:35am  |               |  |                            | 5:30pm                               |
| <b>Pre-School</b><br>30 min<br>\$100                                    | 1 | 9:00am<br>9:45am<br>10:25am<br>12:55pm   | 11:10am<br>11:50am<br>12:20pm<br>12:40pm<br>1:25pm   |               | 4:45pm<br>6:55pm   | 5:00pm                     | 5:30pm                               |
|   | 2 | 9:00am<br>10:00am<br>11:45am<br>12:05pm  | 9:05am<br>10:15am<br>11:10am   | 5:25pm        | 4:55pm<br>5:30pm<br>5:55pm                               | 4:55pm                     | 6:20pm                               |
|   | 3 | 10:20pm<br>12:40pm<br>1:25pm   | 9:05am<br>10:25am<br>12:55pm   |               | 4:40pm<br>6:05pm   | 5:30pm                     | 5:10pm                               |
|   | 4 | 9:00am<br>11:10am  | 11:30am<br>11:40am   |               | 5:05pm   |                            |                                      |
|   | 5 | 10:45am  | 10:00am  |               |  |                            | 4:55pm                               |
| <b>Swimmer 1-2</b><br>30 min<br>\$110                                   | 1 | 9:10am<br>9:35am<br>10:10am<br>11:10am<br>11:55am  | 9:00am<br>9:50am<br>10:30am<br>11:05am<br>12:15pm  | 4:50pm        | 4:55pm<br>5:20pm   | 6:05pm                     | 6:05pm<br>6:55pm                     |
|   | 2 | 9:35am<br>10:35am<br>10:45am   | 10:10am<br>11:05am<br>12:35am  | 6:50pm        | 6:30pm<br>7:30pm   | 6:05pm<br>6:40pm           | 5:45pm<br>7:30pm                     |

|  |   |  |                             |        |        |        |        |
|--|---|--|-----------------------------|--------|--------|--------|--------|
|  |   | 11:00am<br>12:20pm                     | 1:15pm                      |        |        |        |        |
| <b>Swimmer 3-6</b><br>45 min<br>\$125                  | 3 | 9:35am<br>12:05pm<br>12:35pm<br>1:15pm | 9:40am<br>11:45am<br>1:10pm | 6:00pm |        | 6:40pm | 6:40pm |
|  | 4 | 9:10am<br>1:05pm                       | 12:25pm<br>1:10pm           |        |        |        |        |
|  | 5 | 10:55am<br>1:05pm                      | 9:00am                      |        | 5:55pm |        |        |
|  | 6 | 9:35am<br>12:30pm                      | 11:10am                     |        |        |        | 6:05   |
| <b>Rookie/ Ranger (Swimmer 7/8)</b><br>60 min<br>\$135 |   | 12:00pm                                |                             |        |        |        |        |
| <b>Star (Swimmer 9)</b><br>60 min<br>\$135             |   |  | 12:05pm                     |        |        |        |        |
| <b>Bronze Star</b><br>75 min<br>\$140                  |   |  |                             |        |        | 6:45pm |        |
| <b>Adult</b><br>60 min<br>\$135                        |   | 10:45am                                |                             |        |        | 5:00pm |        |

### Registration Dates:

Family Inclusive: August 14  
 Regular Members: August 15  
 Public: August 16



\*\* There will be no lessons on September 30th for Truth and Reconciliation Day\*\*