

**Saturday \*(Long Course Set up until 10am unless other bookings change pushing time)**

SHALLOW END **NOTE: Lessons will use various areas of the pool: 9am-2pm**

| Time | Lane 1   | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|------|--|--------|--------|--------|--------|--------|--------|--------|
| 7am  | FIT SWIM 7-9am<br>LC Lanes 1-4                                 |        |        |        |        |        |        |        |
| 8am  | FIT SWIM 7-9am<br>LC Lanes 1-4                                 |        |        |        |        |        |        |        |
| 9am  | PUSH TO SHORT COURSE AT 9:50am                                 |        |        |        |        |        |        |        |
| 10am |  |        |        |        |        |        |        |        |
| 11am |  |        |        |        |        |        |        |        |
| 12pm |  |        |        |        |        |        |        |        |
| 1pm  | Lanes will be removed at 1:45 to set up for Fun Swim           |        |        |        |        |        |        |        |
| 2pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |
| 3pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |
| 4pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |

DEEP END

| Time | Lane 1   | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|------|--|--------|--------|--------|--------|--------|--------|--------|
| 7am  | FIT SWIM 7-9am<br>LC Lanes 1-4                                 |        |        |        |        |        |        |        |
| 8am  | FIT SWIM 7-9am<br>LC Lanes 1-4                                 |        |        |        |        |        |        |        |
| 9am  | PUSH TO SHORT COURSE AT 9:50am                                 |        |        |        |        |        |        |        |
| 10am |  |        |        |        |        |        |        |        |
| 11am |  |        |        |        |        |        |        |        |
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| 1pm  | Lanes will be removed at 1:45 to set up for Fun Swim           |        |        |        |        |        |        |        |
| 2pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |
| 3pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |
| 4pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |

**Sunday**

**NOTE: Lessons will use various areas of the pool: 9am-2pm**

**SHALLOW END**

| Time | Lane 1   | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|------|--|--------|--------|--------|--------|--------|--------|--------|
| 7am  |  |        |        |        |        |        |        |        |
| 8am  | TIDE 8-9:30am<br>SC Lanes 1-4                                  |        |        |        |        |        |        |        |
| 9am  |  |        |        |        |        |        |        |        |
| 10am | TIDE 10-11:15am<br>SC Lanes 1-5                                |        |        |        |        |        |        |        |
| 11am |  |        |        |        |        |        |        |        |
| 12pm | TIDE 11:15-12:45pm<br>SC Lanes 1-2                             |        |        |        |        |        |        |        |
| 1pm  | Lanes will be removed at 1:45 to set up for Fun Swim           |        |        |        |        |        |        |        |
| 2pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |
| 3pm  |  |        |        |        |        |        |        |        |
| 4pm  |  |        |        |        |        |        |        |        |
|      | Surf City 4:15-6:15pm  |        |        |        |        |        |        |        |

**DEEP END**

| Time | Lane 1   | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|------|--|--------|--------|--------|--------|--------|--------|--------|
| 7am  | TIDE 7:45-9:45am<br>SC Lanes 1-4                               |        |        |        |        |        |        |        |
| 8am  |  |        |        |        |        |        |        |        |
| 9am  |  |        |        |        |        |        |        |        |
| 10am |  |        |        |        |        |        |        |        |
| 11am |  |        |        |        |        |        |        |        |
| 12pm |  |        |        |        |        |        |        |        |
| 1pm  | Lanes will be removed at 1:45 to set up for Fun Swim           |        |        |        |        |        |        |        |
| 2pm  | FUN SWIM 2-4<br>Only two 18m lanes available for lane swimming |        |        |        |        |        |        |        |
| 3pm  |  |        |        |        |        |        |        |        |
| 4pm  |  |        |        |        |        |        |        |        |
|      | Surfy City 4:15-7:15pm   |        |        |        |        |        |        |        |