

# **New Fall 2021 Functional**

## **Studio Quiet Hours:**

Nov 1<sup>st</sup> – Dec 31<sup>st</sup>

The Functional Studio will remain open during our Yoga classes for quiet practice. Users are asked to respect the Yoga students and limit loud and heavy training while the class is taking place.

## **FALL Quiet HOURS 2021**

Tues 10:30-11:30am

Tues 6:15-7:15pm

Thurs 5:15-6:15pm

Sat 10:30-11:30am

Sun 10:30-11:30am